Illinois Council on Developmental Disabilities

Council Investment Descriptions

2021

Illinois Council on Developmental Disabilities

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Annual Council Investment Overview

January 2021

The Council's 5-Year State Plan	
GOAL 1 – INDIVIDUAL & FAMILY ADVOCACY Individuals with intellectual and developmental disabilities and their families knowledgeably advocate and take part in decision that affect their lives, the lives of others, and/or systems.	**Objective 1:** The Illinois Council on Developmental Disabilities will strengthen a program for the direct funding of a State self-advocacy organization led by individuals with developmental disabilities; will support opportunities for individuals with developmental disabilities who are considered leaders to provide leadership training to individuals with developmental disabilities who may become leaders; and will support and expand participation of individuals with developmental disabilities in cross-disability and culturally diverse leadership coalitions.
	Objective 2: Individuals with developmental disabilities, their families, and other stakeholders increase their knowledge and opportunity to advocate for their priorities among accessible, quality, efficient, effective service systems.
	Objective 3: Individuals with developmental disabilities, their families, and other stakeholders will have access to coordinated, streamlined information about services, supports and other assistance.
	Objective 4: Through outreach and training, youth with intellectual and developmental disabilities of transition and young adult age (14-30) in southern Illinois will expand their life choices through personalized support systems.
GOAL 2 – SYSTEMS CHANGE Support systems are optimized so that individuals with intellectual and developmental disabilities in Illinois live and thrive in the broader community.	**Objective 1:** The Illinois Council on Developmental Disabilities will assist/facilitate a minimum of 3 state systems to provide coordinated, individualized, flexible, and/or responsive services and supports for individuals with intellectual and developmental disabilities.
	Objective 2: The Illinois Council on Developmental Disabilities will help 10 communities develop local resources and adapt to provide full access to municipal, civic, social, spiritual, and all other aspects of community life for individuals with intellectual and developmental disabilities.
	Objective 3: The Illinois Council on Developmental Disabilities initiates and/or collaborates to impact a minimum of 3 identified issues for individuals with intellectual and developmental disabilities.
	Objective 4: Through collaboration, the Illinois Council on Developmental Disabilities; Equip for Equality; the Institute on Disability and Human Development (Illinois UCEDD), University of Illinois at Chicago; and the Alliance, will develop a structure/process to support leadership of The Alliance to achieve issues of importance to their members using the expertise of legal, research, training, and policy experts of the Developmental Disabilities Network.

GOAL 1 – INDIVIDUAL & FAMILY ADVOCACY

Objective 1: The Illinois Council on Developmental Disabilities will strengthen a program for the direct funding of a State self-advocacy organization led by individuals with developmental disabilities; will support opportunities for individuals with developmental disabilities who are considered leaders to provide leadership training to individuals with developmental disabilities who may become leaders; and will support and expand participation of individuals with developmental disabilities in cross-disability and culturally diverse leadership coalitions.

1. **Project Title:** Illinois Statewide-Advocacy Alliance
   Investment Partner: The Illinois Self-Advocacy Alliance (The Alliance)
   Impact Area(s): Statewide
   Investment Amount: $625,000
   Project End Date: April 12, 2021

   Performance Target: By April 2021, The Alliance will; develop and mentor 24 people with I/DD in the areas of personal, statewide and national self-advocacy, increase local community group membership to 40 active groups representing all regions of IL and increase involvement and active participation in systems change advocacy through partnerships and inclusion in coalitions with disability and non-disability entities.

   Project Synopsis: *The Alliance will consist of a network of self-advocacy groups and self-advocates that through local action, will improve their lives, change local service practices, or make contributions to their communities. In addition, self-advocates, by working together, will promote statewide needed changes in disability policy and practices.*

2. **Project Title:** Speak Up and Speak Out
   Investment Partner: Arc of Illinois
   Impact Area(s): Statewide
   Investment Amount: $800,000
   Project End Date: December 31, 2021

   Performance Target: By September 30, 2021, self-advocates will experience shared opportunity for learning skills to promote their ability to lead lives of independence and inclusion, and to advocate for themselves and on issues of importance to self-advocates."

   Project Synopsis: *The Arc of Illinois will coordinate and implement an annual Speak Up and Speak Out Summit. The Summit provides self-advocates from throughout the state the opportunity to come together and engage in activities and training designed to help each achieve the highest level of independence and self-direction in their life. Self-advocates will learn to speak up about what is important to them and how to work on making changes in their lives. The Summit also allows self-advocates the opportunity to*

voice their questions and concerns directly to the Director of the Division on Developmental Disabilities.

GOAL 1 – INDIVIDUAL & FAMILY ADVOCACY

Objective 2: Individuals with developmental disabilities, their families, and other stakeholders increase their knowledge and opportunity to advocate for their priorities among accessible, quality, efficient, effective service systems.

3. **Project Title:** Consumer Stipend
   Investment Partner: Arc of Illinois
   Impact Area(s): Statewide
   Investment Amount: $300,000
   Project End Date: May 31, 2023

   Project Target: By June 30, 2023, 930 people with developmental disabilities, family members / guardians and accompanying personal support workers, will gain knowledge, connect with others, become better advocates and make a positive change in their life and/or the life of others by attending a conference or training of their choice.

   Project Synopsis: *This project provides stipends and assistive technology for people with disabilities and their families to attend virtual or in-person conferences on disability-related issues.*

4. **Project Title:** Partners in Policymaking
   Investment Partner: High Impact Mission Based Consulting & Training
   Impact Area(s): Statewide
   Investment Amount: $547,911
   Project End Date: March 31, 2021

   Project Target: By November 30, 2020, the project will implement three years of Partners in Policymaking training. The project will provide a eight-session training annually and graduate a minimum of 24 Partners customers per year (total of 72 over three years) who have successfully completed training. Successful customers of Partners training will meet specific competency-based performance requirements to complete the training.

   Project Synopsis: *Partners in Policymaking is an innovative, competency-based leadership training program for adults with disabilities and parents of young children with developmental disabilities. The purpose of this program is two-fold: to teach best practices and to teach the competencies needed to influence public policy. Over the course of the next 3 years, this project will "graduate" at least 72 Illinois citizens who will*

be equipped to be community leaders serving on policymaking committees, commissions, and boards at local, state, and national levels.

GOAL 1 – INDIVIDUAL & FAMILY ADVOCACY

Objective 3: Individuals with developmental disabilities, their families, and other stakeholders will have access to coordinated, streamlined information about services, supports and other assistance.

5. **Project Title:** Financial Wellness for Persons with Disabilities Trainer Curriculum
   Investment Partner: National Disability Institute
   Impact Area(s): Statewide
   Investment Amount: $500,000
   Project End Date: February 28, 2022

   Performance Target: By February 2022, NDI Illinois will increase financial wellness capacity, measured by a minimum of 2,000 people with intellectual and developmental disabilities who will receive financial wellness training through financial education provided by a minimum of 90 Master Trainers statewide.

   Project Synopsis: *NDI will bring resources to Illinois that have been shown to be effective in addressing the unique needs of the developmental disability community in achieving financial wellness. 90 Financial Wellness Trainers will be equipped to provide extensive training statewide to 2000 people with I/DD and 500 family members. NDI will update the "Upward to Financial Stability Train the Trainer Curriculum" to be specific for Illinois and retitle the curriculum to "Financial Wellness for Persons with Disabilities Trainer Curriculum.". Partners in Policymaking members, Vocational Rehabilitation counselors, Med-waiver providers, disability organizations and self-advocates will be trained to offer the curriculum within their organizations. A three-part webinar series will be offered to the community at large during each year of the project. A Trainer Support Network (TSN) will be established after the initial trainings are completed.*

6. **Project Title:** Better Communication Better Health Care
   Investment Partner: Ray Graham Association for People with Disabilities
   Impact Area(s): DuPage County and surrounding counties
   Investment Amount: $105,522
   Project End Date: December 31, 2021

   Performance Target: By May 31, 2021, the targeted goal is to have 250 people with developmental and/or intellectual disabilities using durable and portable tools (i.e. Health Resume in paper, digital and picture format) to empower them to self-advocate to receive consistent and quality care as they transition through the multiple types of managed care

facilities that people with developmental disabilities encounter over their lifespan. To bridge the information/communication divide, Ray Graham will endeavor by May 31, 2021, to identify 25 care facilities to educate and commit to utilizing all formats of the Health Resume when treating individuals with I/DD.

Project Synopsis: *The Better Communication Better Health Care Campaign will arm individuals with developmental and other types of intellectual disabilities and their caregivers/ families with durable, portable and adaptable tools to better self-advocate for the healthcare that they are entitled to receive across the health care system. The Healthcare providers will be educated in treating individuals with IDD across the many different types of faculties that provide treatment. The Health Resume is the tool to facilitate communication between the patent and provider. It is to be used throughout all phases of treatment and included in every person with IDD's electronic medical record.*

7. **Project Title:** Medical Advocacy: Understanding Rights and Interactions with People with Intellectual and Developmental Disabilities
Investment Partner: EP!C
Impact Area(s): Peoria County and surrounding counties
Investment Amount: $48,442
Project End Date: December 31, 2021

Performance Target: By May 31, 2021:

A. 200 people with I/DD will participate in health risk, treatment and prevention education, advocacy instruction, and training to access healthcare.150 will improve knowledge from baseline based on pre- and post-assessment. 100 people will demonstrate skill acquisition by role-playing or actually selecting a health care provider, making and keeping an appointment, asking at least one question from a prepared list, or following any recommendations or request assistance doing so.

B. 50 nursing students, 30 clinic personnel, and 50 hospital and emergency personnel will participate in sensitivity training to improve interactions with and health care of people with I/DD and demonstrate increase knowledge via pre- and post-testing.

A&B. EPIC will develop replicable curricula and strategies to support people with I/DD to recognize health needs and advocate for care, and educate providers to effectively support people with I/DD.

Project Synopsis: *This project educates people and healthcare providers in the Peoria region to assure people with IDD have the best possible health. People with disabilities and families are equipped to recognize health concerns and preventative care needs and access care in an array of settings using the Health Risk Screening Tool. Healthcare*

providers at area nursing schools and clinics, and hospitals are trained on rights, respect, and health of people with IDD.

8. **Project Title:** Pre-Service Training for Healthcare Professionals to Understand Rights and Interactions with People with Intellectual and Developmental Disabilities
   Investment Partner: University of Illinois at Chicago, Dept. of Disability and Human Development
   Impact Area(s): Chicagoland, Champaign, Springfield
   Investment Amount: $130,097
   Project End Date: May 31, 2021

   Performance Target: By May 31, 2021, this project will:

   1. Increase the number of medical and health professional students in the state who are knowledgeable about supporting people with IDD in accessing healthcare and reaching better health outcomes by at least 500

   2. Develop a coalition of collaborating university programs addressing people with IDD in their curriculum

   3. Create a depository of instructional materials to support the curriculum

   Project Synopsis: *This project will provide pre-service training to 500 medical and health professional students to facilitate better healthcare access and health outcomes for people with IDD. The project will develop and embed training sessions in the curriculums of five university programs. The project will create a network of university programs and a depository of instructional resources.*

9. **Project Title:** Sibling Support Project
   Investment Partner: Sibling leadership Network
   Impact Area(s): Statewide
   Investment Amount: $74,511
   Project End Date: March 31, 2021

   Performance Target: By September 30, 2020, this project will:

   1. Educate at least 75 siblings, parents, and professionals by developing and disseminating resources, training, and developing a statewide campaign on sibling support.

   2. Engage at least 50 siblings in Sibchats, Sib2Sib mentoring, Sibshops, and sibling connections.

3. Build sibling leadership in Illinois by building capacity of the state sibling chapter, SIBS.

Project Synopsis: *The Sibling Leadership Network has been funded to educate siblings, parents and professionals through provision of an array of new resources. The project has three areas of activity:*

1. *Educating siblings, parents, and professionals through resource provision*
2. *Engaging and connecting siblings across the lifespan and across the state*
3. *Building sibling leadership in Illinois; strategically planning direction for the Illinois state sibling chapter, Supporting Illinois Brothers and Sisters (SIBS)*

GOAL 1 – INDIVIDUAL & FAMILY ADVOCACY

Objective 4: Through outreach and training, youth with intellectual and developmental disabilities of transition and young adult age (14-30) in southern Illinois will expand their life choices through personalized support systems.

10. **Project Title:** CTF Illinois Southern IL Transition Project
Investment Partner: CTF Illinois
Impact Area(s): Southern Illinois
Investment Amount: $237,228
Project End Date: October 14, 2021

Performance Target: By September 30, 2021, fifty transition-aged people will gain access to successful post-secondary outcomes in the areas of education and training, advocacy, employment, and/or independent living by building system networks through Transition Planning Committees and new Self-Advocacy groups/activities in Southern Illinois which increases people's knowledge and ability to navigate the DD system to obtain positive outcomes.

Project Synopsis: *Community employment opportunities will be provided to transition-age people. Self-Determination Training for transition-age people and PATHWAYS planning for the person-centered planning process. Trainings will be provided to families on guardianship, special needs trusts, ABLE accounts, and Social Security disability benefits. Trainers will provide personal care planning facilitator trainings to self-advocates, family members, and professionals. Planning Alternative Tomorrows with Hope (PATH) curriculum will also be provided. Self-advocates will receive additional training and will be instrumental in being paid mentors in this project and demonstrating the strength of self-advocacy.*

11. **Project Title:** Transforming Employment and Post-Secondary Education Services to Transition Age Youth in Monroe County
Investment Partner: Human Support Services
Impact Area(s): Southern Illinois
Investment Amount: $466,348.70
Project End Date: October 14, 2021

Performance Target: By September 2021, Monroe County will have a cohesive and coordinated system, Building Futures, between schools, family, and community services (minimum of 3 community partners). Partners and stakeholders including transition age individuals and their family members, will know and utilize this system that promotes choice and individual dreams and desires with 90 youth achieving meaningful personal outcomes including but not limited to education, employment and housing that will lead to quality of life.

Project Synopsis: *The person-centered planning process will be implemented through the use of a Personal Outcome Measure Assessment. All teachers, school personnel and HSS staff will complete training in Secondary Transition: Student-Centered Transition Planning, developed by The Iris Center at Vanderbilt University. Coaches/mentors will be responsible for assisting the apprentices' with implementing their personal plan, implementing any necessary accommodations, breaking down tasks on a job, and learning to navigate/access public transportation. Building Futures will also utilize the Microcredential Learning Management System, a resource through the ROE, which would provide an online certification in specific fields, increasing marketability of the apprentice. Transportation training will be provided through the Local Transportation Monroe Randolph Transit.*

12. **Project Title:** CTS Creative Transitions
Investment Partner: Coleman Tri-County Services Inc.
Impact Area(s): Southern Illinois
Investment Amount: $240,000
Project End Date: October 14, 2021

Performance Target: By September 30, 50 customers ages 14-30 with I/DD and their families from 9 Counties will have a clear understanding of post-secondary options to make informed decisions to expand their life choices. CTS Transitions will impact systems by implementing best practices for transitions within each school that will ultimately impact the access for these individuals within the Illinois Supported Employment program (DRS/DD)

Project Synopsis: *A whole life, person centered approach for transition age youth will be implemented by providing training, advocacy, and opportunities to allow for increased life choices. Travel training and community-based instruction will be provided in collaboration with RIDES Mass Transit. A discovery process that is comprehensive and tailored to individual needs will be provided. A finished product will identify strengths, preferences, needs, supports, barriers, risk factors/safety, relationships/social skills, financial literacy, transportation, current and secondary training/education, career and income, soft skills, health and well-being, communication, assistive technology, and choice/decision making for youth transition-age and family.*

GOAL 2 – SYSTEMS CHANGE

Objective 1: The Illinois Council on Developmental Disabilities will assist/facilitate a minimum of 3 state systems to provide coordinated, individualized, flexible, and/or responsive services and supports for individuals with intellectual and developmental disabilities.

13. **Project Title:** ISC System Redesign
Investment Partner: National Association of State Directors of Developmental Disabilities Services (NASDDDs)
Impact Area(s): Statewide
Investment Amount: $608,222.39
Project End Date: June 30, 2021

Performance Target: By December 31, 2019 the Division of Developmental Disabilities has the capacity to implement redesigned policies, procedures and practices to come into alignment with five key provisions of HCBS regulations: 1) conflict free case management; 2) person centered planning; 3) provider selection; 4) community integration; and 5) assuring health and welfare. Capacity is defined as: policies procedures and practices de4sgined; systems created and staff at all levels trained/demonstrate the skills to implement.

Project Synopsis: *In late 2012, the Council initiated three major projects to improve the design and delivery of services in the developmental disabilities system. The goals of these projects included improve Individual Service Planning, Implementation and Monitoring and Evaluate the Prioritization of Urgency of Need for Services (PUNS); build and strengthen the capacity of the 18 Independent Service Coordination (ISC) agencies to plan for individuals living in private Intermediate Care Facilities for Individuals with Developmental Disabilities (ICF/DD) agencies; and strengthen quality of the system through data management. These projects were conceived as occurring sequentially but as the projects evolved, it became clear that improvements expected from each of the projects involve the same stakeholders. The projects were consolidated in August 2015*

into one initiative (Life Choices) with the outcomes of having a redesigned system that aligns with five key provisions of the Home and Community Based Services (HCBS) regulations; and having PUNS as a standardized system throughout Illinois.

14. **Project:** The Going Home Coalition
    Investment Partner: The Arc of Illinois
    Impact Area(s): Statewide
    Investment: $390,000.00
    Project End Date: February 28,2022

    Project Performance Target: By March 2022, more than 750 people with disabilities, families and organizational partners will be engaged in trainings, rallies and other advocacy efforts resulting in an increase in community capacity and a decrease in investment in institutions.

    Synopsis: ICDD has worked with the Going Home Coalition for several years to build capacity in home and community-based services by advocating for rebalancing of institutional funding and the engagement of people with disabilities and families waiting for and receiving community-based services. The Arc of Illinois will reinvigorate the Going Home Coalition to increase community capacity and decrease investment in institutions. People with disabilities, families, Policymakers, and allies will be engaged in educational opportunities, rallies, and advocacy demonstrations to make Illinois an Inclusion First state. The Going Home Coalition's vision for Illinois is to be truly person-centered with responsive programs and systems that ensure people with disabilities have lives that are full and lived in the broader community.

15. **Project:** COVID-19 DD Relief Fund
    Investment Partner: The Arc of Illinois
    Impact Area(s): Statewide
    Investment: $385,000 +$4,800 + $28,430
    Project End Date: August 31, 2021

    Project Performance Target: By August 1, 2021, the Arc of Illinois in partnership with ICDD will fund a time-limited demonstration projects that will alleviate anxiety caused by social distancing and promote continued engagement with peers by providing funds to fill gaps in services that people are experiencing due to the required social distancing.

    Expansion 1: By December 31, 2020, 80 people will participate in a 3x/week WOW call, with 20 being new attendees and 50 reporting they have personally benefited by not only having fun and connection to others but have gained self-advocacy knowledge.

Expansion 2: Provide technology to 50 families to engage in live video visits for their child's Early Intervention therapies and services.

Synopsis: *The Arc will communicate with stakeholders in the developmental disability community to keep everyone abreast of news and supports related to the COVID 19 pandemic through social media connecting, targeting the Spanish speaking community, and providing a weekly policy and information webinar. A second area is to work with ICDD to offer an opportunity for providers to apply for subgrants to meet the needs they identified of their clients in the pandemic. The Arc will implement this fund and gather reports of lessons learned and outcomes.*

GOAL 2 – SYSTEMS CHANGE

Objective 2: The Illinois Council on Developmental Disabilities will help 10 communities develop local resources and adapt to provide full access to municipal, civic, social, spiritual, and all other aspects of community life for individuals with intellectual and developmental disabilities.

16. **Project Title:** CARES – 377 Referenda
    Investment Partner: Association for Individual Development
    Impact Area(s): Statewide
    Investment Amount: $66,500
    Project End Date: December 31, 2021

    Performance Target: By December 31, 2021, CARES will develop a toolkit and implement a replicable tiered training protocol inclusive of 37 trainings in the north, central, and southern regions of Illinois, a website, and material repository to first educate and then empower communities to establish 377 Boards to provide sustainable, reliable, local funding to protect and expand services.

    Project Synopsis: *CARES will develop a toolkit and replicable, tiered training protocol to educate and empower communities to establish 377 Boards to provide sustainable, reliable, local funding to protect and expand services to children and adults with intellectual and developmental disabili5ties who are waiting for Medicaid funded services in the state. Lead trainers in regions of the state will coordinate at least 38 trainings to community advocates interested in implementing a 377 referendum.*

GOAL 2 – SYSTEMS CHANGE

Objective 3: The Illinois Council on Developmental Disabilities initiates and/or collaborates to impact a minimum of 3 identified issues for individuals with intellectual and developmental disabilities.

17. **Project:** Competitive Pay and Meaningful Days in Chicago
    Investment Partner: Envision Unlimited
    Impact Area(s): Chicago
    Investment: $90,000
    Project End Date: August 31, 2022

    Project Performance Target: By September 30, 2022, Envision Unlimited will eliminate their subminimum wage program and provide job development services to assist 124 clients in obtaining and retaining competitive integrated employment.

    Synopsis: *Envision will end its subminimum wage program, train staff in employment across departments to increase capacity, dedicate staff to deliver job development services, and assist 124 clients in obtaining competitive integrated employment. Employees will be tracked for a year and complete surveys on satisfaction and the Council on Quality and Leadership's Personal Outcome Measures.*

18. **Project:** Competitive Pay and Meaningful Days in Chicago
    Investment Partner: Anixter Center
    Impact Area(s): Chicago
    Investment: $99,040
    Project End Date: August 31, 2022

    Project Performance Target: By September 30, 2022, 100 Chicago proper based businesses will be engaged to build the system for disability hiring and actualize the hiring of fifty-one (51) people with DD who receive deliberate support with obtaining competitive and integrated employment at minimum wage or higher.

    Synopsis: *Anixter will create a Disability Hiring Model to facilitate conversations with Chicago-based business partners, compile a directory of businesses who have invested in disability hiring, and confirm a pool of job seekers from sheltered work sites to apply for competitive employment opportunities.*

GOAL 2 – SYSTEMS CHANGE

Objective 4: Through collaboration, the Illinois Council on Developmental Disabilities; Equip For Equality; the Institute on Disability and Human Development (Illinois UCEDD), University of Illinois at Chicago; and the Alliance, will develop a structure/process to support leadership of The Alliance to achieve issues of importance to their members using the expertise of legal, research, training, and policy experts of the Developmental Disabilities Network.

No funded project yet.